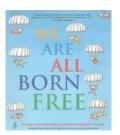
## **APPENDIX** PROTECTING GOD'S CHILDREN

## **Suggested Reading List**

We have provided a list of books that support the Basket Fillers in the Protecting God's Children resource for parents/carers. Before sharing any of the books listed, you are encouraged to look through them and read them to determine whether they are suitable for your child's age and stage of development.

Additionally, please do not feel limited only to the books listed here, there are many excellent children's books that you may be aware of that also help to build your child's personal safety skills, emotional intelligence and resilience.

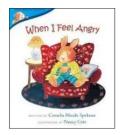


Pg 10

#### We Are All Born Free

by Amnesty International

The Universal Declaration of Human Rights in pictures.



Pg 13

## When I Feel Angry

by Cornelia Maude Spelman

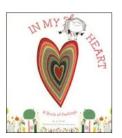
This story focuses on the big emotion of anger and how children can identify this within themselves. It discusses situations that might give rise to this feeling of anger and identifies some strategies a child could put into place to manage these feelings.



Pg 10

For Every Child by Unicef

This beautifully illustrated picture storybook interprets 14 of the rights listed in the United Nations Convention of the Rights of the Child.



Pg 13

In My Heart by Jo Witek

As the reader opens this book, each 'layer' of the heart is revealed to express an emotion and describes what this might feel like in your heart. For example, when feeling mad, your heart may feel like it is about to explode and it may feel hot and loud.



Pg 10

#### God Made All of Me

by Justin & Lindsey Holcomb

This book explains to children that God created their bodies. Differences between female and male bodies is also addressed as well as concepts of private parts and appropriate and inappropriate touch.

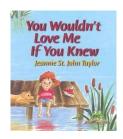


Pg 16

### Max's Creepy Crawly Slimy Things

by Cath Laws & Alicia Moore

Max is a boy who loves searching for creepy crawly creatures. As he goes about searching for these creatures, Max stays in tune to the early warning signs of his body, telling him when he feels safe or unsafe.



Pg 10, 13 & 35

#### You Wouldn't Love Me If You Knew by Jeanne St John Taylor

This story centres around a little boy who has done something "bad" for which he thinks he cannot be forgiven. The reader is not informed what this "bad" thing is, but he does confide this to his Mother at the end. His mother listens to him, believes him and reassures him that she loves him and Jesus does too.

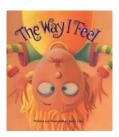


Pg 16

#### **Huge Bag of Worries**

by Virginia Ironside

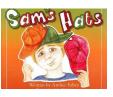
This storybook journeys with a young girl, who is anxious and worried about a range of issues. Her concerns range from issues in her family, to school, to global issues. She finds a bag of worries and it goes everywhere with her, until she finds someone she can talk to and who will listen.



Pg 13

#### The Way I Feel by Janan Cain

This book addresses some of the emotions that children may experience. It labels and identifies these emotions through the illustrations.



Pg 16

#### Sam's Hats by Amber Fabry

The main character Sam, has different hats that change colour as he experiences safe and unsafe feelings.



Pg 20 & 21

#### **Jasmine's Butterflies**

by Justine O'Malley

Jasmine gets lost at the zoo and feels unsafe. Even though she has butterflies in her tummy, she keeps on asking until she finds someone who will listen and help her.



Pg 20

# **Don't Let the Pigeon Drive the Bus** by Mo Willems

When the bus driver leaves the bus, he asks the reader not to allow the pigeon to drive the bus. In this book, children get to play the role that their parents play in being responsible for ensuring the pigeon does not do anything silly!



Pg 20

# God gave Elizabeth Grace the Right to Feel Safe

by Andrea Musulin

Elizabeth Grace has a secret, but it is not a very nice secret! The secret worries her and she just doesn't know what to do. One day in class, her teacher in a lesson said that "God gives all children the Right to Feel and Be Safe at all times and if you are not feeling safe you should talk to someone about it". So after some thought, Elizabeth Grace did exactly that, she talked about it to adults that she trusted. After talking about the secret Elizabeth Grace realised that she didn't have to keep the secret after all.



Pg 21

#### **Brave Knight**

by Cath Laws & Alicia Moore

This storybook explores the concepts of safety networks and provides children with some strategies that they can use if they find themselves in an unsafe place.

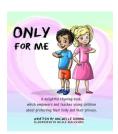


Pg 21

#### Wibbly's Network Friends

by Jayne Heskett

With a cast of Australian animals leading this story, this story addresses safety networks and emotions. In this story, Wibbly the Wombat is feeling sad. He is experiencing unsafe feelings and is looking for one of his friends who will listen to him about his worries. He searches for his friends until he finds one of them who will listen to him.



Pg 26

#### Only For Me by Michelle Derrig

A rhyming storybook that teaches children about personal boundaries and consent in child appropriate language. This book emphasizes to a child different parts of their body, and that they can protect their body with personal boundaries and consent. It gently addresses the issues of appropriate and inappropriate touch.

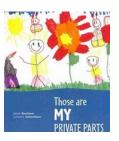


Pg 26

## My Body is Special

by LaKeesha Walrond

This book addresses problem solving skills for children in relation to inappropriate touch. It explores inappropriate touches and what a child may say, do, where to go and who to tell if they ever felt unsafe around another person.

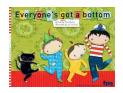


Pg 26

#### **Those Are My Private Parts**

by Diane Hansen

This short 12- page storybook discusses with children concepts of the right to say "no"; identifying who they feel comfortable approaching as a safety network member as well as discussing with children appropriate and inappropriate touch.

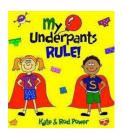


Pg 26 & 37

### **Everyone's Got a Bottom**

by Tess Rowley

This story follows a family as they go about their daily life. It subtly addresses private parts, consent and boundaries. This story appropriately addresses body safety for families.



Pg 26

## My Underpants Rule

by Kate and Rod Power

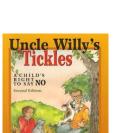
This book approaches the concept of personal boundaries, body safety and consent in a fun, rhyming story that engages young children. With a catch phrase of "What's under my pants belongs only to me" the repetitive rhyming nature of this book works successfully with younger children.



Pg 30

Michael's Bubbles by Justine O'Malley

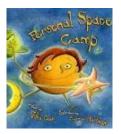
This story follows the main character, Michael who likes to blow bubbles amongst other things. Using the bubbles as a tool, the book explores the concept of personal space and how each 'bubble' represents different ways we can communicate and interact physically with other people e.g. wave bubble; hug bubble; kiss and cuddle bubble etc.



Pg 30

**Uncle Willy's Tickles** by Marcie Aboff

This story follows a young boy who does not like it when an Uncle keeps tickling him even after the he has said "No." The story addresses concepts of a child's right to say "no," personal boundaries, and finding a trusted person who will listen and help.



Pg 30

**Personal Space Camp** by Julia Cook

This story addresses the concept of respecting other people's personal space and boundaries.



Pg 35

**A Secret Safe to Tell** by Naomi Hunter

A gentle book that addresses the concept of a trusted person abusing the relationship held with a child. The main character is a young girl who shares a friendship with an older male figure. This friendship changes and becomes strange, uncomfortable and hurtful. The story concludes with the young girl finding the courage to tell someone that she has been hurt.



Pg 36

Some Secrets Should Never Be Kept

by Jayneen Sanders

The story of a little boy who was touched inappropriately and the steps he went through in telling his mother about what happened.

This storybook may be a bit confronting for some as it does refer to touching genitals, however the book has received positive reviews for how the concept of abuse and disclosures is handled.

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